

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

*The Priest says:*

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.

**Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

*The Deacon, or the Priest, adds:*

Let us offer each other the sign of peace.  
*All then make an appropriate sign of peace.*

*The Priest takes the host and breaks it.*

*Meanwhile the people say or sing:*

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.** *Kneel*

*The Priest shows the host to the people and says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper  
of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*The Priest or other minister says to each  
communicant:*

The Body [Blood] of Christ.

*Each communicant answers:* **Amen.**

**Communion Antiphon**

Cf. Is 35:4

**Say to the faint of heart: Be strong and do  
not fear.**

**Behold, our God will come, and he will  
save us.**

*After the distribution of Holy Communion a  
sacred silence may be observed or a psalm,  
hymn or canticle of praise may be sung.*

**Prayer after Communion**

*Stand*

We implore your mercy, Lord,  
that this divine sustenance may cleanse us of  
our faults  
and prepare us for the coming feasts.  
Through Christ our Lord

## THE CONCLUDING RITES

*Announcements may be made.*

*Then:*

### Solemn Blessing

*Priest:* The Lord be with you.

*All:* **And with your spirit.**

*The Deacon, or the Priest, says:*

Bow down for the blessing.

May the almighty and merciful God,  
by whose grace you have placed your faith  
in the First Coming of his Only Begotten Son  
and yearn for his coming again  
sanctify you by the radiance of Christ's Advent  
and enrich you with his blessing.

**Amen.**

As you run the race of this present life,  
may he make you firm in faith,  
joyful in hope and active in charity.

**Amen.**

So that, rejoicing now with devotion  
at the Redeemer's coming in the flesh,  
you may be endowed with the rich reward of  
eternal life  
when he comes again in majesty.

**Amen.**

And may the blessing of almighty God,  
the Father, and the Son, ✠ and the Holy Spirit,  
come down on you and remain with you for  
ever.

**Amen.**

*Then the Deacon, or the Priest, says:*

Go forth, the Mass is ended.

*Or:*

Go and announce the Gospel of the Lord.

*Or:*

Go in peace, glorifying the Lord by your life.

*Or:*

Go in peace.

**Thanks be to God.**



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# THE EMMAUS MASS SHEET

3rd SUNDAY OF ADVENT (C) 12th December 2021

## THE INTRODUCTORY RITES

**Entrance Antiphon** or a hymn

*Stand*

Phil 4:4-5

**Rejoice in the Lord always; again I say, rejoice.  
Indeed, the Lord is near.**

*All make the Sign of the Cross as the Priest says:*

In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

### Greeting

*The Priest greets the people, saying:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

*Or:*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.

*Or:*

The Lord be with you.

*The people reply:*

**And with your spirit.**

*The Mass of the day may be introduced.*

### Penitential Act

*The Priest invites the faithful to repentance  
followed, after a brief pause, by one of the  
Penitential Acts:*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,**

*And, striking their breast, they say:*

**through my fault, through my fault,  
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

*Or:*

Have mercy on us, O Lord.

**For we have sinned against you.**

Show us, O Lord, your mercy.

**And grant us your salvation.**

*Or:*

You were sent to heal the contrite of heart:

Lord, have mercy. *Or:* Kyrie, eleison.

**Lord, have mercy. Or: Kyrie, eleison.**

You came to call sinners:

Christ, have mercy. *Or:* Christe, eleison.

**Christ, have mercy. Or: Christe, eleison.**

You are seated at the right hand of the  
Father to intercede for us:

Lord, have mercy. *Or:* Kyrie, eleison.

**Lord, have mercy. Or: Kyrie, eleison.**

*The absolution by the Priest follows.*

*The people reply:*

**Amen.**

*If the 'Kyrie, eleison' has not been said or sung,  
it is said or sung now.*

### The Collect

O God, who see how your people  
faithfully await the feast of the Lord's Nativity,  
enable us, we pray,  
to attain the joys of so great a salvation  
and to celebrate them always  
with solemn worship and glad rejoicing.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
God, for ever and ever.

**Amen.**

*Sit*

## THE LITURGY OF THE WORD

### First Reading

A reading from the prophet Zephaniah  
3:14-18

Shout for joy, daughter of Zion,  
Israel, shout aloud!  
Rejoice, exult with all your heart,  
daughter of Jerusalem!  
The Lord has repealed your sentence;  
he has driven your enemies away.  
The Lord, the king of Israel, is in your midst;  
you have no more evil to fear.  
When that day comes,  
word will come to Jerusalem:  
Zion, have no fear,  
do not let your hands fall limp.  
The Lord your God is in your midst,  
a victorious warrior.  
He will exult with joy over you,  
he will renew you by his love;  
he will dance with shouts of joy for you  
as on a day of festival.

The word of the Lord.

**Thanks be to God.**

## Psalm

Ps. 12:2-6.R.v6

**R) Sing and shout for joy  
for great in your midst is the Holy One of Israel.**

Truly, God is my salvation,  
I trust, I shall not fear.  
For the Lord is my strength, my song,  
he became my saviour.  
With joy you will draw water  
from the wells of salvation. **(R)**

Give thanks to the Lord, give praise to his name!  
Make his mighty deeds known to the peoples!  
Declare the greatness of his name. **(R)**

Sing a psalm to the Lord  
for he has done glorious deeds,  
make them known to all the earth!  
People of Zion, sing and shout for joy  
for great in your midst  
is the Holy One of Israel. **(R)**

## Second Reading

A reading from the letter of St Paul 4:4-7  
to the Philippians

I want you to be happy, always happy in the  
Lord; I repeat, what I want is your happiness.  
Let your tolerance be evident to everyone: the  
Lord is very near. There is no need to worry; but  
if there is anything you need, pray for it, asking  
God for it with prayer and thanksgiving, and that  
peace of God, which is so much greater than we  
can understand, will guard your hearts and your  
thoughts, in Christ Jesus.

The word of the Lord.  
**Thanks be to God.**

## Gospel Acclamation

**Alleluia, alleluia!** *Stand*  
Is 61:1 (Lk 4:18)  
**The spirit of the Lord has been given to me.  
He has sent me to bring good news to  
the poor.  
Alleluia!**

## Gospel

Luke 3:10-18

The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to Luke.  
**Glorify to you, O Lord.**

When all the people asked John, 'What must we  
do?' he answered, 'If anyone has two tunics he  
must share with the man who has none, and the  
one with something to eat must do the same.'  
There were tax collectors too who came for  
baptism, and these said to him, 'Master what  
must we do?' He said to them, 'Exact no more  
than your rate.' Some soldiers asked him in  
their turn, 'What about us? What must we do?'  
He said to them, 'No intimidation! No extortion!

Be content with your pay!

A feeling of expectancy had grown among the  
people, who were beginning to think that John  
might be the Christ, so John declared before  
them all, 'I baptise you with water, but someone  
is coming, someone who is more powerful than  
I am, and I am not fit to undo the strap of his  
sandals; he will baptise you with the Holy Spirit  
and fire. His winnowing-fan is in his hand to  
clear his threshing-floor and to gather the wheat  
into his barn; but the chaff he will burn in a fire  
that will never go out.' As well as this, there were  
many other things he said to exhort the people  
and to announce the Good News to them.

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

## The Homily

*Sit*

## The Nicene Creed

*Stand*

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.** *All bow*

**For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of  
the dead  
and the life of the world to come. Amen.**

*Or:*

## The Apostles' Creed

**I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there he will come to judge the  
living and the dead.** *All bow*

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.**

## The Prayer of the Faithful

*Response example:* Lord, in your mercy.  
**Hear our prayer.**

*After the concluding prayer all say: Amen. Sit*

## THE LITURGY OF THE EUCHARIST

*The offerings are brought to the altar.  
A hymn may be sung.*

*If the Priest says the two prayers of offering  
aloud the response both times is:*  
**Blessed be God for ever.**

*The people rise as the Priest says:*  
Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

*The people reply:*  
**May the Lord accept the sacrifice  
at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

## Prayer over the Offerings

May the sacrifice of our worship, Lord, we pray,  
be offered to you unceasingly,  
to complete what was begun in sacred mystery  
and powerfully accomplish for us your  
saving work.  
Through Christ our Lord.  
**Amen.**

## The Eucharistic Prayer

The Lord be with you.  
**And with your spirit.**  
Lift up your hearts.  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**

*The Priest continues with the Preface and  
concludes with the people, singing or saying  
aloud:*

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest.** *Kneel*

*The Eucharistic Prayer continues until the  
priest says:*

The mystery of faith.  
*And the people continue, acclaiming one of  
the following:*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

*Or:*

**When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*Or:*

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*The Priest concludes the Eucharistic Prayer  
saying alone:*

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.  
**The people acclaim: Amen.**

## The Communion Rite

*Stand*

*The Priest invites all to join in the Lord's Prayer:*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

*The Priest continues alone:*

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.