

THE EMMAUS MASS SHEET

2nd SUNDAY OF LENT (C)

13th March 2022

The Priest concludes the Eucharistic Prayer saying alone:

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.

The people acclaim: **Amen.**

The Communion Rite

Stand

The Priest invites all to join in the Lord's Prayer:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

The Priest continues alone:

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.
**For the kingdom,
the power and the glory are yours
now and for ever.**

The Priest says:

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.

Amen.

The peace of the Lord be with you always.

And with your spirit.

The Deacon, or the Priest, adds:

Let us offer each other the sign of peace.
All then make an appropriate sign of peace.

*The Priest takes the host and breaks it.
Meanwhile the people say or sing:*

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.** *Kneel*

The Priest shows the host to the people and says:

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper
of the Lamb.

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

The Priest or other minister says to each communicant:

The Body [Blood] of Christ.

Each communicant answers: **Amen.**

Communion Antiphon

Mt 17:5

**This is my beloved Son,
with whom I am well pleased;
listen to him.**

*After the distribution of Holy Communion a
sacred silence may be observed or a psalm,
hymn or canticle of praise may be sung.*

Prayer after Communion

Stand

As we receive these glorious mysteries,
we make thanksgiving to you, O Lord,
for allowing us while still on earth
to be partakers even now of the things of heaven.
Through Christ our Lord.
Amen.

THE CONCLUDING RITES

Announcements may be made. *Then:*

Priest: The Lord be with you.
All: **And with your spirit.**

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

Then the Deacon, or the Priest, says:

Go forth, the Mass is ended. *Or:*
Go and announce the Gospel of the Lord. *Or:*
Go in peace, glorifying the Lord by your life. *Or:*
Go in peace.

Thanks be to God.



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CATHOLIC
PRINTING
COMPANY OF FARNWORTH®
www.catholicprint.co.uk
0161 873 7457

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The Roman Missal © 2010 International
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THE INTRODUCTORY RITES

Entrance Antiphon or a hymn.

Stand

Cf. Ps 26:8-9

**Of you my heart has spoken: Seek his face.
It is your face, O Lord, that I seek;
hide not your face from me.**

All make the Sign of the Cross as the Priest says:

In the name of the Father, and of the Son,
and of the Holy Spirit. **Amen.**

Greeting

The Priest greets the people, saying:

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

Or:

Grace to you and peace from God our Father
and the Lord Jesus Christ.

Or:

The Lord be with you.

The people reply:

And with your spirit.

The Mass of the day may be introduced.

Penitential Act

*The Priest invites the faithful to repentance
followed, after a brief pause, by one of the
Penitential Acts:*

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,**

And, striking their breast, they say:

**through my fault, through my fault,
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

Or:

Have mercy on us, O Lord.
For we have sinned against you.
Show us, O Lord, your mercy.
And grant us your salvation.

Or:

You were sent to heal the contrite of heart:
Lord, have mercy. *Or:* Kyrie, eleison.
Lord, have mercy. Or: Kyrie, eleison.
You came to call sinners:

Christ, have mercy. *Or:* Christe, eleison.
Christ, have mercy. Or: Christe, eleison.

You are seated at the right hand of the
Father to intercede for us:
Lord, have mercy. *Or:* Kyrie, eleison.
Lord, have mercy. Or: Kyrie, eleison.

The absolution by the Priest follows.

The people reply:
Amen.

*If the 'Kyrie, eleison' has not been said or sung,
it is said or sung now.*

The Collect

O God, who have commanded us
to listen to your beloved Son,
be pleased, we pray,
to nourish us inwardly by your word,
that, with spiritual sight made pure,
we may rejoice to behold your glory.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
God, for ever and ever.
Amen. *Sit*

THE LITURGY OF THE WORD

First Reading

A reading from the book of Genesis
15:5-12. 17-18

Taking Abram outside the Lord said, 'Look up to
heaven and count the stars if you can. Such will
be your descendants' he told him. Abram put his
faith in the Lord, who counted this as making him
justified.

'I am the Lord' he said to him 'who brought you
out of Ur of the Chaldaeans to make you heir to
this land.' 'My Lord, the Lord' Abram replied 'how
am I to know that I shall inherit it?' He said to him,
'Get me a three-year-old heifer, a three-year-old
goat, a three-year-old ram, a turtledove and a
young pigeon.' He brought him all these, cut them
in half and put half on one side and half facing it
on the other; but the birds he did not cut in half.
Birds of prey came down on the carcasses but
Abram drove them off.

Now as the sun was setting Abram fell into a
deep sleep, and terror seized him. When the sun
had set and darkness had fallen, there appeared
a smoking furnace and a firebrand that went
between the halves. That day the Lord made a
Covenant with Abram in these terms:

'To your descendants I give this land,
from the wadi of Egypt to the Great River.'

The word of the Lord.
Thanks be to God.

Psalm

Ps. 26:1.7-9.13-14.R.v1

R) The Lord is my light and my help.

The Lord is my light and my help;
whom shall I fear?

The Lord is the stronghold of my life;
before whom shall I shrink? (R)

O Lord, hear my voice when I call;
have mercy and answer.

Of you my heart has spoken:
'Seek his face.' (R)

It is your face, O Lord, that I seek;
hide not your face.

Dismiss not your servant in anger;
you have been my help. (R)

I am sure I shall see the Lord's goodness
in the land of the living.

Hope in him, hold firm and take heart.
Hope in the Lord! (R)

Second Reading

A reading from the letter of St Paul to the
Philippians 3:17-4:1

For shorter form, read between brackets []

My brothers, be united in following my rule of life.
Take as your models everybody who is already
doing this and study them as you used to study
us. I have told you often, and I repeat it today
with tears, there are many who are behaving as
the enemies of the cross of Christ. They are
destined to be lost. They make foods into their
god and they are proudest of something they
ought to think shameful; the things they think
important are earthly things. [For us, our
homeland is in heaven, and from heaven comes
the saviour we are waiting for, the Lord Jesus
Christ, and he will transfigure these wretched
bodies of ours into copies of his glorious body.
He will do that by the same power with which he
can subdue the whole universe.

So then, my brothers and dear friends, do not
give way but remain faithful in the Lord. I miss
you very much, dear friends; you are my joy and
my crown.]

The word of the Lord.
Thanks be to God.

Gospel Acclamation

Stand
Mt 17:5

Glory and praise to you, O Christ!
From the bright cloud, the Father's voice
was heard:

'This is my Son, the Beloved. Listen to him!'
Glory and praise to you, O Christ!

Gospel

Luke 9:28-36

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Luke.
Glory to you, O Lord.

Jesus took with him Peter and John and James
and went up the mountain to pray. As he prayed,
the aspect of his face was changed and his
clothing became brilliant as lightning. Suddenly
there were two men there talking to him; they
were Moses and Elijah appearing in glory, and
they were speaking of his passing which he was
to accomplish in Jerusalem. Peter and his
companions were heavy with sleep, but they kept
awake and saw his glory and the two men
standing with him. As these were leaving him,
Peter said to Jesus, 'Master, it is wonderful for
us to be here; so let us make three tents, one for
you, one for Moses and one for Elijah.' — He did
not know what he was saying. As he spoke, a
cloud came and covered them with shadow; and
when they went into the cloud the disciples were
afraid. And a voice came from the cloud saying,
'This is my Son, the Chosen One. Listen to him'.
And after the voice had spoken, Jesus was found
alone. The disciples kept silence and, at that
time, told no one what they had seen.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

Sit

The Nicene Creed

Stand

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**

All bow

For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven

and is seated at the right hand of the Father.
**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of
the dead
and the life of the world to come. Amen.**

Or:

The Apostles' Creed

**I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God
the Father almighty;
from there he will come to judge the
living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.**

The Prayer of the Faithful

Response example: Lord, in your mercy.
Hear our prayer.

After the concluding prayer all say: Amen. Sit

THE LITURGY OF THE EUCHARIST

*The offerings are brought to the altar.
A hymn may be sung.*

*If the Priest says the two prayers of offering
aloud the response both times is:
Blessed be God for ever.*

The people rise as the Priest says:
Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

The people reply:

**May the Lord accept the sacrifice
at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

May this sacrifice, O Lord, we pray,
cleanse us of our faults
and sanctify your faithful in body and mind
for the celebration of the paschal festivities.
Through Christ our Lord.
Amen.

The Eucharistic Prayer

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

*The Priest continues with the Preface and
concludes with the people, singing or saying
aloud:*

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.**

Hosanna in the highest. *Kneel*

*The Eucharistic Prayer continues until the
priest says:*

The mystery of faith.

*And the people continue, acclaiming one of the
following:*

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

Or:

**When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.**

Or:

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**