

# THE EMMAUS MASS SHEET

## 6th SUNDAY IN ORDINARY TIME (C) 13th February 2022

### The Communion Rite

*Stand*

*The Priest invites all to join in the Lord's Prayer:*

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.

*The Priest continues alone:*

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

*The Priest says:*

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

*The Deacon, or the Priest, adds:*

Let us offer each other the sign of peace.  
*All then make an appropriate sign of peace.*

*The Priest takes the host and breaks it.*

*Meanwhile the people say or sing:*

Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
grant us peace. *Kneel*

*The Priest shows the host to the people and says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper  
of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*The Priest or other minister says to each  
communicant:*

The Body [Blood] of Christ.  
*Each communicant answers:* **Amen.**

### Communion Antiphon

Jn 3:16

**God so loved the world  
that he gave his Only Begotten Son,  
so that all who believe in him may not  
perish,  
but may have eternal life.**

### Prayer after Communion

*Stand*

Having fed upon these heavenly delights,  
we pray, O Lord,  
so that we may always long  
for that food by which we truly live.  
Through Christ our Lord.  
**Amen.**

### THE CONCLUDING RITES

*Announcements may be made.* *Then:*

*Priest:* The Lord be with you.  
*All:* **And with your spirit.**

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.**

*Then the Deacon, or the Priest, says:*

Go forth, the Mass is ended. *Or:*  
Go and announce the Gospel of the Lord. *Or:*  
Go in peace, glorifying the Lord by your life. *Or:*  
Go in peace.

**Thanks be to God.**



THE  
CATHOLIC  
PRINTING  
COMPANY OF FARNWORTH®  
www.catholicprint.co.uk  
0161 873 7457

Excerpts from the English translation of  
The Roman Missal © 2010 International  
Commission on English in the Liturgy  
Corporation. All rights reserved.  
The Psalms: A new Translation © 1963 The Grail  
(England) published by Harper Collins.  
Excerpt from THE JERUSALEM BIBLE, copy-  
right (c) 1966 by Darton, Longman & Todd, Ltd.  
and Doubleday, a division of Random House, Inc.  
Reprinted by Permission.  
Text taken from 'Jerusalem Mass Sheet' with con-  
cordat cum originali and imprimatur.  
Permission granted for distribution in Scotland.

### THE INTRODUCTORY RITES

**Entrance Antiphon** or a hymn. *Stand*  
Cf. Ps 30: 3-4

**Be my protector, O God,  
a mighty stronghold to save me.  
For you are my rock, my stronghold!  
Lead me, guide me, for the sake of your name.**

*All make the Sign of the Cross as the Priest says:*  
In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

### Greeting

*The Priest greets the people, saying:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

*Or:*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.

*Or:*

The Lord be with you.

*The people reply:*  
**And with your spirit.**

*The Mass of the day may be introduced.*

### Penitential Act

*The Priest invites the faithful to repentance  
followed, after a brief pause, by one of the  
Penitential Acts:*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,**

*And, striking their breast, they say:*

**through my fault, through my fault,  
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

*Or:*

Have mercy on us, O Lord.  
**For we have sinned against you.**  
Show us, O Lord, your mercy.  
**And grant us your salvation.**

*Or:*

You were sent to heal the contrite of heart:  
Lord, have mercy. *Or:* Kyrie, eleison.  
**Lord, have mercy. Or: Kyrie, eleison.**

You came to call sinners:  
Christ, have mercy. *Or:* Christe, eleison.  
**Christ, have mercy. Or: Christe, eleison.**

You are seated at the right hand of the  
Father to intercede for us:  
Lord, have mercy. *Or:* Kyrie, eleison.  
**Lord, have mercy. Or: Kyrie, eleison.**

*The absolution by the Priest follows.*

*The people reply: Amen.*

*If the 'Kyrie, eleison' has not been said or sung,  
it is said or sung now.*

### The Gloria

**Glorify to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

### The Collect

O God, who teach us that you abide  
in hearts that are just and true,  
grant that we may be so fashioned by your grace  
as to become a dwelling pleasing to you.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
God, for ever and ever.  
**Amen.** *Sit*

### THE LITURGY OF THE WORD

#### First Reading

A reading from Jeremiah 17:5-8

The Lord says this:

'A curse on the man who puts his trust in man,  
who relies on things of flesh,  
whose heart turns from the Lord.

He is like dry scrub in the wastelands:  
if good comes, he has no eyes for it,  
he settles in the parched places of the  
wilderness,  
a salt land, uninhabited.

'A blessing on the man who puts his trust in the  
Lord,  
with the Lord for his hope.  
He is like a tree by the waterside  
that thrusts its roots to the stream:  
when the heat comes it feels no alarm,  
its foliage stays green;  
it has no worries in a year of drought,  
and never ceases to bear fruit.'

The word of the Lord.  
**Thanks be to God.**

**Psalm** Ps. 1:1-4,6. R. Ps. 39:5

**R) Happy the man who has placed his trust  
in the Lord.**

Happy indeed is the man  
who follows not the counsel of the wicked;  
nor lingers in the way of sinners  
nor sits in the company of scorners,  
but whose delight is the law of the Lord  
and who ponders his law day and night. **(R)**

He is like a tree that is planted  
beside the flowing waters,  
that yields its fruit in due season  
and whose leaves shall never fade;  
and all that he does shall prosper. **(R)**

Not so are the wicked, not so!  
For they like winnowed chaff  
shall be driven away by the wind:  
for the Lord guards the way of the just  
but the way of the wicked leads to doom. **(R)**

### Second Reading

A reading from the first letter of St Paul  
to the Corinthians 5:12,16-20

If Christ raised from the dead is what has been  
preached, how can some of you be saying that  
there is no resurrection of the dead? For if the  
dead are not raised, Christ has not been raised,  
and if Christ has not been raised, you are still in  
your sins. And what is more serious, all who  
have died in Christ have perished. If our hope in  
Christ has been for this life only, we are the most  
unfortunate of all people.

But Christ has in fact been raised from the  
dead, the first-fruits of all who have fallen asleep.

The word of the Lord.  
**Thanks be to God.**

**Gospel Acclamation** *Stand*  
**Alleluia, alleluia!** Mt11:25  
**Blessed are you, Father,  
Lord of heaven and earth,  
for revealing the mysteries of the kingdom  
to mere children.  
Alleluia!**

**Gospel** Luke 6:17,20-26  
The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to Luke.  
**Glory to you, O Lord.**

Happy are you who are poor, who are hungry,  
who weep

Jesus came down with the Twelve and stopped at  
a piece of level ground where there was a large  
gathering of his disciples with a great crowd of  
people from all parts of Judaea and from  
Jerusalem and from the coastal region of Tyre and  
Sidon. Then fixing his eyes on his disciples he  
said:

'How happy are you who are poor: yours is the  
kingdom of God.  
Happy you who are hungry now: you shall be  
satisfied.

Happy you who weep now: you shall laugh.  
Happy are you when people hate you, drive you  
out, abuse you, denounce your name as criminal,  
on account of the Son of Man. Rejoice when  
that day comes and dance for joy, for then your  
reward will be great in heaven. This was the way  
their ancestors treated the prophets.

'But alas for you who are rich: you are having  
your consolation now.  
Alas for you who have your fill now: you shall go  
hungry.  
Alas for you who laugh now: you shall mourn and  
weep.

'Alas for you when the world speaks well of you!  
This was the way their ancestors treated the  
false prophets.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**The Homily** *Sit*

**The Nicene Creed** *Stand*

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.** *All bow*

**For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.**

**He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of  
the dead  
and the life of the world to come. Amen.**

*Or:*

**The Apostles' Creed**

**I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there he will come to judge the  
living and the dead.** *All bow*

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.**

**The Prayer of the Faithful**

*Response example:* Lord, in your mercy.  
Hear our prayer.

*After the concluding prayer all say: Amen. Sit*

**THE LITURGY OF THE EUCHARIST**

*The offerings are brought to the altar.  
A hymn may be sung.*

*If the Priest says the two prayers of offering  
aloud the response both times is:*

**Blessed be God for ever.**

*The Priest completes additional personal  
preparatory rites, and the people rise as he says:  
Pray, brethren (brothers and sisters),*

that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

*The people reply:*

**May the Lord accept the sacrifice  
at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

**Prayer over the Offerings**

May this oblation, O Lord, we pray,  
cleanse and renew us  
and may it become for those who do your will  
the source of eternal reward.  
Through Christ our Lord.  
**Amen.**

**The Eucharistic Prayer**

The Lord be with you.  
**And with your spirit.**  
Lift up your hearts.  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**

*The Priest continues with the Preface and  
concludes with the people, singing or saying aloud:*  
**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest. Kneel**

*The Eucharistic Prayer continues until the priest  
says:*

The mystery of faith.  
*And the people continue, acclaiming one of the  
following:*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

*Or:*

**When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*Or:*

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*The Priest concludes the Eucharistic Prayer  
saying alone:*

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

*The people acclaim: Amen.*