

## The Communion Rite

Stand

*The Priest invites all to join in the Lord's Prayer:*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

*The Priest continues alone:*

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

*The Priest says:*

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever. **Amen.**  
The peace of the Lord be with you always.  
**And with your spirit.**

*The Deacon, or the Priest, adds:*

Let us offer each other the sign of peace.

*The Priest takes the host and breaks it.  
Meanwhile the people say or sing:*

**Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
grant us peace.** *Kneel*

*The Priest shows the host to the people and says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper  
of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*The Priest or other minister says to each  
communicant:*

The Body [Blood] of Christ.

*Each communicant answers:* **Amen.**

## Communion Antiphon

Cf. Is 35:4

**Say to the faint of heart: Be strong and do  
not fear.  
Behold, our God will come, and he will  
save us.**

*After the distribution of Holy Communion a  
sacred silence may be observed or a psalm,  
hymn or canticle of praise may be sung.*

## Prayer after Communion

Stand

We implore your mercy, Lord,  
that this divine sustenance may cleanse us of  
our faults  
and prepare us for the coming feasts.  
Through Christ our Lord.  
**Amen.**

## THE CONCLUDING RITES

*Announcements may be made.*

Then:

*Priest:* The Lord be with you.

*All:* **And with your spirit.**

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.

**Amen.**

*Then the Deacon, or the Priest, says:*

Go forth, the Mass is ended. *Or:*

Go and announce the Gospel of the Lord. *Or:*

Go in peace, glorifying the Lord by your life. *Or:*

Go in peace.

**Thanks be to God.**



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# THE EMMAUS MASS SHEET

3rd SUNDAY OF ADVENT (B) 17th December 2023

## THE INTRODUCTORY RITES

*Entrance Antiphon* or a hymn

Stand

Phil 4:4-5

**Rejoice in the Lord always; again I say, rejoice.  
Indeed, the Lord is near.**

*All make the Sign of the Cross as the Priest says:*

In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

## Greeting

*The Priest greets the people, saying:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

*Or:*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.

*Or:*

The Lord be with you.

*The people reply:*

**And with your spirit.**

*The Mass of the day may be introduced.*

## Penitential Act

*The Priest invites the faithful to repentance  
followed, after a brief pause, by one of the  
Penitential Acts:*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,**

*And, striking their breast, they say:*

**through my fault, through my fault,  
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

*Or:*

Have mercy on us, O Lord.  
**For we have sinned against you.**  
Show us, O Lord, your mercy.  
**And grant us your salvation.**

*Or:*

You were sent to heal the contrite of heart:  
Lord, have mercy. *Or:* Kyrie, eleison.  
**Lord, have mercy. Or: Kyrie, eleison.**

You came to call sinners:  
Christ, have mercy. *Or:* Christe, eleison.  
**Christ, have mercy. Or: Christe, eleison.**

You are seated at the right hand of the  
Father to intercede for us:  
Lord, have mercy. *Or:* Kyrie, eleison.  
**Lord, have mercy. Or: Kyrie, eleison.**

*The absolution by the Priest follows.*

*The people reply:*  
**Amen.**

*If the 'Kyrie, eleison' has not been said or sung,  
it is said or sung now.*

## The Collect

O God, who see how your people  
faithfully await the feast of the Lord's Nativity,  
enable us, we pray,  
to attain the joys of so great a salvation  
and to celebrate them always  
with solemn worship and glad rejoicing.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
God, for ever and ever. **Amen.** *Sit*

## THE LITURGY OF THE WORD

### First Reading

A reading from the prophet Isaiah 61:1-2.10-11

The spirit of the Lord has been given to me  
for the Lord has anointed me.  
He has sent me to bring the news to the poor,  
to bind up hearts that are broken;

to proclaim liberty to captives,  
freedom to those in prison;  
to proclaim a year of favour from the Lord.

'I exult for joy in the Lord,  
my soul rejoices in my God,  
for he has clothed me in garments of salvation,  
he has wrapped me in a cloak of integrity,  
like a bridegroom wearing his wreath,  
like a bride adorned in her jewels.

'For as the earth makes fresh things grow,  
as a garden makes seeds spring up,  
so will the Lord make both integrity and praise  
spring up in the sight of all nations.'

The word of the Lord.  
**Thanks be to God.**

**Psalm** Lk 1:46-50. 53-54. R. Is 61:10

**R) My soul rejoices in my God.**

My soul glorifies the Lord,  
my spirit rejoices in God my Saviour.  
He looks on his servant in her nothingness;  
henceforth all ages will call me blessed. **(R)**

The Almighty works marvels for me.  
Holy is his name!  
His mercy is from age to age,  
on those who fear him. **(R)**

He has fills the starving with good things,  
sends the rich away empty.  
He protects Israel, his servant,  
remembering his mercy. **(R)**

**Second Reading**

A reading from the first letter of St Paul to the  
Thessalonians 5:16-24

Be happy at all times; pray constantly; and for all  
things give thanks to God, because this is what  
God expects you to do in Christ Jesus.

Never try to suppress the Spirit or treat the gift  
of prophecy with contempt; think before you do  
anything—hold on to what is good and avoid every  
form of evil.

May the God of peace make you perfect and  
holy; and may you all be kept safe and blameless,  
spirit, soul and body, for the coming of our Lord  
Jesus Christ. God has called you and he will not  
fail you.

The word of the Lord.  
**Thanks be to God.**

**Gospel Acclamation** *Stand*  
**Alleluia, alleluia!** Is 61:1 (Lk 4:18)  
**The spirit of the Lord has been given to me.**  
**He has sent me to bring good news to the poor.**  
**Alleluia!**

**Gospel** John 1:6-8. 19-28  
The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to John.  
**Glory to you, O Lord.**

A man came, sent by God.  
His name was John.  
He came as a witness,  
as a witness to speak for the light,  
so that everyone might believe through him.  
He was not the light,  
only a witness to speak for the light.

This is how John appeared as a witness. When the  
Jews sent priests and Levites from Jerusalem to

ask him, 'Who are you?' he not only declared, but  
he declared quite openly, 'I am not the Christ.' 'Well  
then,' they asked 'are you Elijah?' 'I am not' he  
said. 'Are you the Prophet?' He answered, 'No.'  
So they said to him, 'Who are you? We must take  
back an answer to those who sent us. What have  
you to say about yourself?' So he said, 'I am, as  
Isaiah prophesied:

a voice that cries in the wilderness:  
Make a straight way for the Lord'

Now these men had been sent by the Pharisees,  
and they put this further question to him, 'Why are  
you baptising if you are not the Christ, and not  
Elijah, and not the Prophet?' John replied, 'I  
baptise with water; but there stands among you –  
unknown to you – the one who is coming after me;  
and I am not fit to undo his sandal- strap.' This  
happened at Bethany, on the far side of the  
Jordan, where John was baptising.

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**The Homily** *Sit*

**The Nicene Creed** *Stand*

**I believe in one God,**  
**the Father almighty,**  
**maker of heaven and earth,**  
**of all things visible and invisible.**

**I believe in one Lord Jesus Christ,**  
**the Only Begotten Son of God,**  
**born of the Father before all ages.**  
**God from God, Light from Light,**  
**true God from true God,**  
**begotten, not made,**  
**consubstantial with the Father;**  
**through him all things were made.**  
**For us men and for our salvation**  
**he came down from heaven,**  
**and by the Holy Spirit**  
**was incarnate of the Virgin Mary,**  
**and became man.** *All bow*

**For our sake he was crucified under**  
**Pontius Pilate,**  
**he suffered death and was buried,**  
**and rose again on the third day**  
**in accordance with the Scriptures.**  
**He ascended into heaven**  
**and is seated at the right hand of the Father.**  
**He will come again in glory**  
**to judge the living and the dead**  
**and his kingdom will have no end.**

**I believe in the Holy Spirit,**  
**the Lord, the giver of life,**  
**who proceeds from the Father and the Son,**  
**who with the Father and the Son is adored**  
**and glorified,**  
**who has spoken through the prophets.**

**I believe in one, holy, catholic and**  
**apostolic Church.**  
**I confess one Baptism for the forgiveness**  
**of sins**  
**and I look forward to the resurrection of**  
**the dead**  
**and the life of the world to come. Amen.**

*Or:*

**The Apostles' Creed**

**I believe in God,**  
**the Father almighty,**  
**Creator of heaven and earth,**  
**and in Jesus Christ, his only Son, our Lord,**  
**who was conceived by the** *All bow*  
**Holy Spirit,**  
**born of the Virgin Mary,**  
**suffered under Pontius Pilate,**  
**was crucified, died and was buried;**  
**he descended into hell;**  
**on the third day he rose again from the dead;**  
**he ascended into heaven,**  
**and is seated at the right hand of God**  
**the Father almighty;**  
**from there he will come to judge the**  
**living and the dead.**

**I believe in the Holy Spirit,**  
**the holy catholic Church,**  
**the communion of saints,**  
**the forgiveness of sins,**  
**the resurrection of the body,**  
**and life everlasting. Amen.**

**The Prayer of the Faithful**

*Response example:* Lord, in your mercy.  
**Hear our prayer.**

*After the concluding prayer all say:* **Amen.** *Sit*

**THE LITURGY OF THE EUCHARIST**

*The offerings are brought to the altar.*  
*A hymn may be sung.*

*If the Priest says the two prayers of offering*  
*aloud the response both times is:*  
**Blessed be God for ever.**

*The Priest completes additional personal*  
*preparatory rites, and the people rise as he says:*  
Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

*The people reply:*  
**May the Lord accept the sacrifice**  
**at your hands**  
**for the praise and glory of his name,**  
**for our good**  
**and the good of all his holy Church.**

**Prayer over the Offerings**

May the sacrifice of our worship, Lord, we pray,  
be offered to you unceasingly,  
to complete what was begun in sacred mystery  
and powerfully accomplish for us your  
saving work.  
Through Christ our Lord.  
**Amen.**

**The Eucharistic Prayer**

The Lord be with you.  
**And with your spirit.**  
Lift up your hearts.  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**

*The Priest continues with the Preface and*  
*concludes with the people, singing or saying aloud:*  
**Holy, Holy, Holy Lord God of hosts.**  
**Heaven and earth are full of your glory.**  
**Hosanna in the highest.**  
**Blessed is he who comes in the name of**  
**the Lord.**  
**Hosanna in the highest.** *Kneel*

*The Eucharistic Prayer continues until the priest*  
*says:*

The mystery of faith.  
*And the people continue, acclaiming one of the*  
*following:*

**We proclaim your Death, O Lord,**  
**and profess your Resurrection**  
**until you come again.**

*Or:*

**When we eat this Bread and drink this Cup,**  
**we proclaim your Death, O Lord,**  
**until you come again.**

*Or:*

**Save us, Saviour of the world,**  
**for by your Cross and Resurrection**  
**you have set us free.**

*The Priest concludes the Eucharistic Prayer*  
*saying alone:*

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

*The people acclaim:* **Amen.**