

The Communion Rite

Stand

The Priest invites all to join in the Lord's Prayer:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

The Priest continues alone:

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

**For the kingdom,
the power and the glory are yours
now and for ever.**

The Priest says:

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.

Amen.

The peace of the Lord be with you always.
And with your spirit.

The Deacon, or the Priest, adds:

Let us offer each other the sign of peace.
All then make an appropriate sign of peace.

*The Priest takes the host and breaks it.
Meanwhile the people say or sing:*

Lamb of God, you take away the sins of the world,
have mercy on us.

Lamb of God, you take away the sins of the world,
have mercy on us.

Lamb of God, you take away the sins of the world,
grant us peace. *Kneel*

The Priest shows the host to the people and says:

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper
of the Lamb.

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

*The Priest or other minister says to each
communicant:*

The Body [Blood] of Christ.

Each communicant answers: **Amen.**

Communion Antiphon

Mt 17: 5

**This is my beloved Son, with whom I am
well pleased;
listen to him.**

*After the distribution of Holy Communion a
sacred silence may be observed or a psalm,
hymn or canticle of praise may be sung.*

Prayer after Communion

Stand

As we receive these glorious mysteries,
we make thanksgiving to you, O Lord,
for allowing us while still on earth
to be partakers even now of the things of heaven.
Through Christ our Lord.
Amen.

THE CONCLUDING RITES

Announcements may be made.

Priest: The Lord be with you.

All: **And with your spirit.**

Prayer over the People

The Deacon, or the Priest, says:

Bow down for the Blessing.

Then the Priest continues:

Bless your faithful, we pray, O Lord,
with a blessing that endures for ever,
and keep them faithful
to the Gospel of your Only Begotten Son,
so that they may always desire and at last attain
that glory whose beauty he showed in his own Body,
to the amazement of his Apostles.
Through Christ our Lord.

Amen.

And may the blessing of almighty God,
the Father, and the Son, ✠ and the Holy Spirit,
come down upon you and remain with you for ever.
Amen.

Then the Deacon, or the Priest, says:

Go forth, the Mass is ended. *Or:*

Go and announce the Gospel of the Lord. *Or:*

Go in peace, glorifying the Lord by your life. *Or:*

Go in peace.

Thanks be to God.



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THE EMMAUS MASS SHEET

2ND SUNDAY OF LENT (B) 25th February 2024

THE INTRODUCTORY RITES

Entrance Antiphon or a hymn.

Stand

Cf. Ps 24:6,2,22

**Remember your compassion, O Lord,
and your merciful love, for they are from old.
Let not our enemies exult over us.
Redeem us, O God of Israel, from all our
distress.**

All make the Sign of the Cross as the Priest says:

In the name of the Father, and of the Son,
and of the Holy Spirit. **Amen.**

Greeting

The Priest greets the people, saying:

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

Or:

Grace to you and peace from God our Father
and the Lord Jesus Christ.

Or:

The Lord be with you.

The people reply:

And with your spirit.

The Mass of the day may be introduced.

Penitential Act

*The Priest invites the faithful to repentance
followed, after a brief pause, by one of the
Penitential Acts:*

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,**

And, striking their breast, they say:

**through my fault, through my fault,
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

Or:

Have mercy on us, O Lord.

For we have sinned against you.

Show us, O Lord, your mercy.

And grant us your salvation.

Or:

You were sent to heal the contrite of heart:
Lord, have mercy. *Or:* Kyrie, eleison.

Lord, have mercy. Or: Kyrie, eleison.

You came to call sinners:

Christ, have mercy. *Or:* Christe, eleison.

Christ, have mercy. Or: Christe, eleison.

You are seated at the right hand of the

Father to intercede for us:

Lord, have mercy. *Or:* Kyrie, eleison.

Lord, have mercy. Or: Kyrie, eleison.

The absolution by the Priest follows.

The people reply:

Amen.

*If the 'Kyrie, eleison' has not been said or
sung, it is said or sung now.*

The Collect

O God, who have commanded us
to listen to your beloved Son,
be pleased, we pray,
to nourish us inwardly by your word,
that, with spiritual sight made pure,
we may rejoice to behold your glory.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever.
Amen.

Sit

THE LITURGY OF THE WORD

First Reading

A reading from the book of Genesis

22:1-2. 9-13. 15-18

God put Abraham to the test. 'Abraham, Abraham' he called. 'Here I am' he replied. 'Take your son,' God said 'your only child Isaac, whom you love, and go to the land of Moriah. There you shall offer him as a burnt offering, on a mountain I will point out to you.'

When they arrived at the place God had pointed out to him, Abraham built an altar there and arranged the wood. Then he stretched out his hand and seized the knife to kill his son.

But the angel of the Lord called to him from heaven. 'Abraham, Abraham' he said. 'I am here' he replied. 'Do not raise your hand against the boy' the angel said. 'Do not harm him, for now I know you fear God. You have not refused me your son, your only son.' Then looking up, Abraham saw a ram caught by its horns in a bush. Abraham took the ram and offered it as a burnt-offering in place of his son.

The angel of the Lord called Abraham a

second time from heaven. 'I swear by my own self - it is the Lord who speaks - because you have done this, because you have not refused me your son, your only son, I will shower blessings on you, I will make your descendants as many as the stars of heaven and the grains of sand on the seashore. Your descendants shall gain possession of the gates of their enemies. All the nations of the earth shall bless themselves by your descendants, as a reward for your obedience.'

The word of the Lord.
Thanks be to God.

Psalm Ps 115:10. 15-19 R. Ps 114:9

**R) I will walk in the presence of the Lord
in the land of the living.**

I trusted, even when I said:
'I am sorely afflicted.'
O precious in the eyes of the Lord
is the death of his faithful. **(R)**

Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make:
I will call on the Lord's name. **(R)**

My vows to the Lord I will fulfil
before all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem. **(R)**

Second Reading

A reading from the letter of St Paul to the
Romans 8:31-34

With God on our side who can be against us?
Since God did not spare his own Son, but gave
him up to benefit us all, we may be certain,
after such a gift, that he will not refuse anything
he can give. Could anyone accuse those that
God has chosen? When God acquits, could
anyone condemn? Could Christ Jesus? No!
He not only died for us - he rose from the dead,
and there at God's right hand he stands and
pleads for us.

The word of the Lord.
Thanks be to God.

Gospel Acclamation *Stand*
Mt 17:5

Glory and praise to you, O Christ!
From the bright cloud the
Father's voice was heard:
'This is my Son, the Beloved. Listen to him!'
Glory and praise to you, O Christ!

Gospel Mark 9:2-10

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to Mark.
Glory to you, O Lord.

Jesus took with him Peter and James and John
and led them up a high mountain where they
could be alone by themselves. There in their
presence he was transfigured: his clothes
became dazzlingly white, whiter than any
earthly bleacher could make them. Elijah
appeared to them with Moses; and they were
talking with Jesus. Then Peter spoke to Jesus.
'Rabbi', he said 'it is wonderful for us to be
here; so let us make three tents, one for you,
one for Moses and one for Elijah.' He did not
know what to say; they were so frightened. And
a cloud came, covering them in shadow; and
there came a voice from the cloud, 'This is
my Son, the Beloved. Listen to him.' Then
suddenly, when they looked round, they saw no
one with them any more but only Jesus.

As they came down the mountain he warned
them to tell no one what they had seen, until
after the Son of Man had risen from the dead.
They observed the warning faithfully, though
among themselves they discussed what 'rising
from the dead' could mean.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

The Homily *Sit*
The Nicene Creed *Stand*

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.** *All bow*

**For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of
the dead
and the life of the world to come. Amen.**

Or:
The Apostles' Creed
**I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God
the Father almighty;
from there he will come to judge the
living and the dead.** *All bow*

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.**

The Prayer of the Faithful
Response example: Lord, in your mercy.
Hear our prayer.
After the concluding prayer all say: Amen. *Sit*

THE LITURGY OF THE EUCHARIST

*The offerings are brought to the altar.
A hymn may be sung.*

*If the Priest says the two prayers of offering
along the response both times is:*
Blessed be God for ever.

*The Priest completes additional personal
preparatory rites, and the people rise as he says:*

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

The people reply:
**May the Lord accept the sacrifice
at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

May this sacrifice, O Lord, we pray,
cleanse us of our faults
and sanctify your faithful in body and mind
for the celebration of the paschal festivities.
Through Christ our Lord.
Amen.

The Eucharistic Prayer

The Lord be with you.
And with your spirit.
Lift up your hearts.
We lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right and just.

*The Priest continues with the Preface and
concludes with the people, singing or saying
aloud:*

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.
Hosanna in the highest.** *Kneel*

*The Eucharistic Prayer continues until the
priest says:*

The mystery of faith.
*And the people continue, acclaiming one of
the following:*

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

Or:
**When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.**

Or:
**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

*The Priest concludes the Eucharistic Prayer
saying alone:*

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.
The people acclaim:
Amen.