

Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.

*The Priest concludes the Eucharistic Prayer
saying alone:*

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.

The people acclaim: Amen.

The Communion Rite

Stand

The Priest invites all to join in the Lord's Prayer:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

The Priest continues alone:

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.
**For the kingdom,
the power and the glory are yours
now and for ever.**

The Priest says:

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever. **Amen.**
The peace of the Lord be with you always.
And with your spirit.

The Deacon, or the Priest, adds:

Let us offer each other the sign of peace.

The Priest takes the host and breaks it.

Meanwhile the people say or sing:

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.**

Kneel

The Priest shows the host to the people and says:

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

*The Priest or other minister says to each
communicant:*

The Body [Blood] of Christ.

Each communicant answers: Amen.

Communion Antiphon

Ps 110: 4-5

**The Lord, the gracious, the merciful,
has made a memorial of his wonders;
he gives food to those who fear him.**

Prayer after Communion

Stand

Graciously be present to your people, we pray,
O Lord,
and lead those you have imbued with heavenly
mysteries
to pass from former ways to newness of life.
Through Christ our Lord.
Amen.

THE CONCLUDING RITES

Announcements may be made.

Then:

Priest: The Lord be with you.

All: And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

Then the Deacon, or the Priest, says:

Go forth, the Mass is ended.

Or:

Go and announce the Gospel of the Lord.

Or:

Go in peace, glorifying the Lord by your life.

Or:

Go in peace.

Thanks be to God.



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THE CATHOLIC MASS SHEET

ENGLISH STANDARD VERSION

16th Sunday in Ordinary Time (A)

19th July 2026

THE INTRODUCTORY RITES

Entrance Antiphon or a hymn

Stand

Ps 53: 6, 8

See, I have God for my help.

The Lord sustains my soul.

I will sacrifice to you with willing heart,

and praise your name, O Lord, for it is good.

All make the Sign of the Cross as the Priest says:

In the name of the Father, and of the Son,
and of the Holy Spirit. **Amen.**

The Priest greets everyone present.

The people respond: And with your spirit.

The Mass of the day may be introduced.

Greeting

The Priest greets the people, saying:

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

Or:

Grace to you and peace from God our Father
and the Lord Jesus Christ.

Or:

The Lord be with you.

The people reply:

And with your spirit.

The Mass of the day may be introduced.

Penitential Act

*The Priest invites the faithful to repentance
followed, after a brief pause, by one of the
Penitential Acts:*

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,**

And, striking their breast, they say:

**through my fault, through my fault,
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

Or:

Have mercy on us, O Lord.

For we have sinned against you.

Show us, O Lord, your mercy.

And grant us your salvation.

Or:

You were sent to heal the contrite of heart:

Lord, have mercy. *Or:* Kyrie, eleison.

Lord, have mercy. Or: Kyrie, eleison.

You came to call sinners:

Christ, have mercy. *Or:* Christe, eleison.

Christ, have mercy. Or: Christe, eleison.

You are seated at the right hand of the

Father to intercede for us:

Lord, have mercy. *Or:* Kyrie, eleison.

Lord, have mercy. Or: Kyrie, eleison.

The absolution by the Priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.

Amen.

*If the 'Kyrie, eleison' has not been said or
sung, it is said or sung now.*

Gloria

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father, have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Show favour, O Lord, to your servants
and mercifully increase the gifts of your grace,
that, made fervent in hope, faith and charity,
they may be ever watchful in keeping your commands.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
God, for ever and ever.
Amen.

Sit

THE LITURGY OF THE WORD

First Reading

A reading from the Book of Wisdom.
Wisdom: 12:13, 16-19

There is not any God besides you, whose care
is for all, to whom you should prove that you
have not judged unjustly. For your strength is the
source of righteousness, and your sovereignty
over all causes you to spare all. For you show
your strength when men doubt the completeness
of your power, and you rebuke any insolence
among those who know it. You are sovereign in
strength but you judge with mildness, and with
great forbearance you govern us; for you have
power to act whenever you choose. Through
such works you have taught your people that the
one who is righteous must be kind, and you have
filled your sons with good hope, because you
give repentance for sins.

The word of the Lord.
Thanks be to God.

Psalms Psalm 86(85):5-6. 9-10. 15-16a. R.5a

R. O Lord, you are good and forgiving.

O Lord, you are good and forgiving,
full of mercy to all who call to you.
Give ear, O LORD, to my prayer,
and attend to my voice in supplication. **R.**

All the nations you have made shall come;
they will bow down before you, O Lord,
and glorify your name,
for you are great and do marvellous deeds,
you who alone are God. **R.**

You, O God, are compassionate and gracious,
slow to anger, O Lord,
abundant in mercy and fidelity;
turn and take pity on me. **R.**

Second Reading

A reading from the Letter of Saint Paul to the
Romans. Romans 8:26-27

Brothers and sisters: The Spirit helps us in our
weakness. For we do not know what to pray for
as we ought, but the Spirit himself intercedes
for us with groanings too deep for words. And

he who searches hearts knows what is the
mind of the Spirit, because the Spirit intercedes
for the saints according to the will of God.

The word of the Lord.
Thanks be to God.

Acclamation before the Gospel *Stand*
Alleluia, alleluia. Cf. Matthew 11:25
I thank you, Father, Lord of heaven and earth,
you have revealed the secrets of the kingdom
to little children.
Alleluia.

Gospel Matthew 13:24-30

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to
Matthew.
Glory to you, O Lord.

At that time: Jesus put another parable before the
crowd, saying, 'The kingdom of heaven may be
compared to a man who sowed good seed in his
field, but while his men were sleeping, his enemy
came and sowed weeds among the wheat and
went away. So when the plants came up and
bore grain, then the weeds appeared also. And
the servants of the master of the house came and
said to him, "Master, did you not sow good seed
in your field? How then does it have weeds?"'
He said to them, "An enemy has done this." So
the servants said to him, "Then do you want us
to go and gather them?" But he said, "No, lest
in gathering the weeds you root up the wheat
along with them. Let both grow together until the
harvest, and at harvest time I will tell the reapers,
'Gather the weeds first and bind them in bundles
to be burned, but gather the wheat into my barn.'"

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

The Homily *Sit*

The Nicene Creed *Stand*
I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

and by the Holy Spirit *All bow*
was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic
Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of the dead
and the life of the world to come.
Amen.

Or:

The Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the *All bow*
Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God
the Father almighty;
from there he will come to judge the
living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Prayer of the Faithful

Response example: Lord, in your mercy.
Hear our prayer.

After the concluding prayer all say: **Amen.** *Sit*

THE LITURGY OF THE EUCHARIST

*The offerings are brought to the altar.
A hymn may be sung. If the Priest says the two
prayers of offering aloud, the response both
times is:*

Blessed be God for ever.

The people rise as the Priest says:
Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

The people reply:

May the Lord accept the sacrifice
at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.

Prayer over the Offerings

O God, who in the one perfect sacrifice
brought to completion varied offerings of the law,
accept, we pray, this sacrifice from your faithful
servants
and make it holy, as you blessed the gifts of Abel,
so that what each has offered to the honour of
your majesty
may benefit the salvation of all.
Through Christ our Lord.
Amen.

The Eucharistic Prayer

The Lord be with you.
And with your spirit.
Lift up your hearts.
We lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right and just.

*The Priest continues with the Preface and
concludes with the people, singing or saying aloud:*

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.
Hosanna in the highest. *Kneel*

*The Eucharistic Prayer continues until the
Priest says:*

The mystery of faith.

*And the people continue, acclaiming one of the
following:*

We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.

Or:

When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

Or: